

LUNCH MENU:

SERVED WEDNESDAY, THURSDAY, FRIDAY & SATURDAY DAY TIMES: 11:30 – 15:00

SANDWICHES & TOASTIES: SERVED ON A CHOICE OF GRANARY, WHITE OR CIABATTA BREAD & WITH A SALAD GARNISH.

CHEESE & TOMATO (V, A)	£5.95
BACON & EGG SANDWICH (A)	£6.50
TUNA MAYONNAISE & CHEESE (A)	£6.50
BACON, BRIE & CRANBERRY (A)	£6.95
FISH GOJJON, TARTAR SAUCE & PEASHOOTS	£7.50

*(A) MEANS AVAILABLE AS GLUTEN FREE, WHERE WE CAN CHANGE THE BREAD TO A GF OPTION.

WRAPS:

CHICKEN CAESAR WRAP	£6.50
FALAFEL SALAD WRAP (V, VE)	£6.50
SPICY CHICKEN, PEPPERS, ONIONS & SWEET CHILLI:	£6.50

OPEN SANDWICH:

FLAT IRON STEAK, GARLIC MAYO & SALAD (COOKED M/R)	£10.95
BEETROOT & GOATS CHEESE WITH LEAVES & BALSAMIC GLAZE	£7.50

SALADS

CHICKEN & BACON CAESAR SALAD, PARMESAN, CAESAR SAUCE & CROUTONS (A)	£12.95
FALAFEL & CHARGRILLED VEG SALAD, SWEET CHILLI SAUCE & HALLOUMI (V) OR TOFU (VEGAN)	£12.95
BEETROOT & GOATS CHEESE SALAD WITH RED ONION, CUCUMBER MIXED LEAVES & BALSAMIC GLAZE (V, G)	£12.95
VEGAN SUPERFOOD SALAD: A MARINATED MEDLEY OF SEASONAL VEGETABLES & TOASTED SEEDS (V, G, CONTAINS NUTS, VEGAN)	£11.95

ADD CHARGRILLED CHICKEN BREAST:	£3.50
ADD CHARGRILLED HALOUMI:	£2.95

PLEASE ADD A SIDE OF CHIPS:

SKIN ON FRIES:	£2.95
HAND CUT CHUNKY CHIPS:	£3.50
HOME MADE SWEET POTATO CHIPS:	£3.50
TIGER CHIPS (SWEET POTATO & CHUNKY)	£3.50

SIDES & EXTRAS:

GARLIC CIABATTA (V)	£3.50
CHEESY GARLIC CIABATTA (V)	£4.95
HALOUMI FRIES (V)	£6.95

LUNCH MENU:

SERVED WEDNESDAY, THURSDAY, FRIDAY & SATURDAY DAY TIMES: 11:30 – 14:30

FISH:

BEER BATTERED FISH, CHUNKY CHIPS, BUTTERED PEAS, HOMEMADE TARTAR SAUCE AND LEMON	£13.95
HOMEMADE THAI FISHCAKES WITH A SESAME, SOY, GINGER & CHILLI SLAW & LEAVES	£12.95

FROM THE CHARGRILL:

SERVED WITH FRIES, SWEET POTATO CHIPS, CHUNKY CHIPS OR TIGER CHIPS (SWEET POTATO & CHUNKY MIX)

6OZ OR 12OZ THICK CUT FLAT IRON STEAK, PEPPERCORN SAUCE, SLOW ROAST TOMATO & LEAVES (GF)	£15.95 OR £21.95
8OZ OR 16OZ GAMMON STEAK, FRIED EGG, CHARGRILLED PINEAPPLE & LEAVES (GF)	£12.95 OR £16.9
CHARGRILLED CHICKEN SKEWERS, PAN FRIED PEPPERS & RED ONION, LEAVES & SWEET CHILLI SAUCE (GF)	£14.95

GOURMET BURGERS AND HOT DOGS:

SERVED WITH FRIES, SWEET POTATO CHIPS, CHUNKY CHIPS OR TIGER CHIPS (SWEET POTATO & CHUNKY MIX)

PLAIN BEEF BURGER WITH TOMATO RELISH & LEAVES (A)	£9.95
GARDEN BEEF BURGER, BACON, CHEESE, TOMATO RELISH & LEAVES (A)	£12.95
CHICKEN CAESAR BURGER, BACON, PARMESAN, CAESAR MAYO & COS (A)	£12.95
SOUTHERN FRIED CHICKEN BURGER, BACON, CHEESE, BBQ SAUCE & COS	£13.95
VEGAN FALAFEL BURGER, SWEET CHILLI SAUCE, LEAVES AND CHARGRILLED TOFU (VE) OR HALOUMI (V)	£12.95
PLAIN JUMBO HOTDOG WITH ONIONS AND YELLOW MUSTARD	£9.95
JUMBO HOTDOG, BACON, CHEESE, ONIONS & YELLOW MUSTARD	£12.95
VEGAN JUMBO FALAFEL HOTDOG, FRIED ONIONS & YELLOW MUSTARD (VE, V)	£9.95
ADD CHEDDAR (NOT VE) FOR £1.95)	

SIDES & EXTRAS:

GARLIC CIABATTA (V)	£3.50
CHEESY GARLIC CIABATTA (V)	£4.95
HALOUMI FRIES (V)	£6.95
ORIENTAL STYLE SLAW (V,VE,G)	£3.50

(G = GLUTEN FREE, A = AVAILABLE AS GLUTEN FREE, V = VEGETARIAN, VE = VEGAN)

OUR FOOD IS HOMEMADE WHERE POSSIBLE & PREPARED IN A KITCHEN WHICH CONTAINS NUTS & OTHER ALLERGENS. PLEASE SPEAK TO A MEMBER OF OUR TEAM IF YOU HAVE FOOD ANY INTOLERANCES OR DIETARY REQUIREMENTS. WE WILL DO OUR BEST TO ACCOMMODATE YOU.